



# Example of Wellness Coach Job Description

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Our company is growing rapidly and is looking for a wellness coach. Please review the list of responsibilities and qualifications. While this is our ideal list, we will consider candidates that do not necessarily have all of the qualifications, but have sufficient experience and talent.

## Responsibilities for wellness coach

- Supports Management team as needed
- Demonstrates commitment to team goals by assisting and offering input to Program Leader in the development of evidenced based resources to enhance the Care Concierge/Wellness Coaching Program
- Attends educational programs/trainings to maintain applicable licensure/certification and updated knowledge of coaching process
- Stay updated on current issues regarding wellness programs
- Promote, monitor, evaluate, and ensure that all wellness programs run smoothly with a high level of service to participants
- Attend follow-up Coach Approach trainings as offered
- Participate in one group exercise class within six months of hire date
- Maintain branch and association certifications in CPRO and any other required certifications and/or training required by the Metro Atlanta YMCA
- Secure his/her own substitute coach in a timely manner if he/she is unable to work an assigned shift
- Attend all required staff meetings and trainings, including facility or equipment orientations prior to working on the wellness floor

## Qualifications for wellness coach

- Carrying, Hearing / Listening, Lifting, Manual Dexterity, Pushing / Pulling, Seeing, Speaking, Standing, Squatting / Kneeling

- Experience and/or background in Ice Hockey Strength and Conditioning
- Minimum of 1 Year of Strength and Conditioning Coaching Experience
- CSCS or SCCC Certified