



# Example of Pilates Instructor Job Description

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Our company is hiring for a pilates instructor. We appreciate you taking the time to review the list of qualifications and to apply for the position. If you don't fill all of the qualifications, you may still be considered depending on your level of experience.

## Responsibilities for pilates instructor

- Teach Pilates classes
- Reads, watches, and engages in all required trainings associated with the role
- Lead fitness classes in exercises
- Perform extra duties as requested
- Teach Barre/Pilates group exercise class
- Instruct a Yoga/Pilates Fusion class that is geared toward all fitness levels
- Conducts mat-based Pilates classes for beginning or intermediate levels
- Can demonstrate various Pilates styles, based on class needs
- Will log and provide class attendance to manager
- Teach Pilates and/or Yoga format group exercise classes

## Qualifications for pilates instructor

- Current Adult CPR and AED certifications from American Red Cross or American Heart Association with practical application training required
- Pilates group exercise instruction experience is strongly preferred
- Must have a credible Pilates full equipment certification, preferably by the Pilates Method Alliance (PMA)
- Must be able to establish safe and sound exercise programs as determined by governing bodies
- Must have excellent member service skills
- 1+ years Pilates instruction experience strongly preferred