



Example of Nutrition Assistant Job Description

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Our company is hiring for a nutrition assistant. We appreciate you taking the time to review the list of qualifications and to apply for the position. If you don't fill all of the qualifications, you may still be considered depending on your level of experience.

Responsibilities for nutrition assistant

- Reviewing patient meal selections for compliance with therapeutic diets as ordered
- Conduct the training and orienting of new staff (as needed)
- Communicate information in an accurate and positive manner
- Confers frequently with Manager of Nutrition Services and support staff
- Maintains and demonstrates professional and technical competencies in everyday job performance
- Participate in staff meetings, in-services and committees as appropriate
- Navigate and extract pertinent information from patients Electronic Medical Record regarding meal services
- Review menus for compliance with therapeutic diets, and ensuring that all foods meet standards of practices and guidelines
- Ability to observe food/beverage intake and report to Clinical Dietitians and support staff (as necessary)
- Perform cleaning and other daily tasks (as necessary)

Qualifications for nutrition assistant

- Availability of community and governmental services and resources
- Nutrition program eligibility requirements
- Basic principles of health promotion, disease prevention and preventive health care

- Knowledge of ingredients, nutrient classifications and their use in formulation and nutrition