Example of Nutrition Assistant Job Description



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Our company is growing rapidly and is searching for experienced candidates for the position of nutrition assistant. Please review the list of responsibilities and qualifications. While this is our ideal list, we will consider candidates that do not necessarily have all of the qualifications, but have sufficient experience and talent.

Responsibilities for nutrition assistant

- Answers room service calls
- Uses nutrition management software and computer systems to record patient orders
- Speaks with patients to ensure that specific diet modifications and individual preferences are honored
- Maintains general knowledge of therapeutic diets to ensure meal orders are process accurately
- Interfaces with Nursing, RDs, and CNAs in special circumstances
- Modifies diet to comply with diet orders
- Provides excellence customer service
- Work cooperatively within the department and with other departments to achieve the goals of the Food & Nutrition Services team
- Work effectively with high call volumes in a fast-paced environment
- Organizing and preparing food production needs for patients

Qualifications for nutrition assistant

- Masters's degree in family and consumer sciences, human sciences, nutrition, public health or closely related field
- Experience with County Extension system and SNAP-Ed is helpful
- Experience teaching nutrition and health content to both youth and adults
- Hands-on experience with facilitating community or organizational change

•	Appropriate nutrition practices for women, infants or children at low risk for a nutrition-related problem