



Example of Mental Health Tech Job Description

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Our company is hiring for a mental health tech. If you are looking for an exciting place to work, please take a look at the list of qualifications below.

Responsibilities for mental health tech

- Leads therapeutic MHT groups
- Assists clients with grooming, eating/meal preparation, and toileting
- Assists with ambulation and transfer services
- Monitor vital signs such as heart rate and blood pressure
- Documents care per policies and procedures
- Participate in rehabilitation and treatment programs, help with personal hygiene, and administer oral or injectable medications
- Essential Function
- Follows the written plan of care, reports pertinent data change to primary/associate nurse in a timely manner
- Perform direct patient care according to unit standards, policies and procedures, including didactic groups for patient
- Participate in the physical management of a potentially violent patient

Qualifications for mental health tech

- Associates Degree or working towards a Bachelors Degree
- Medical Expertise
- 1 year full time continuous experience as a mental health tech within the last 2 years
- Associates degree or completion of a behavioral health technician program
- An Associate's degree, or work toward a Bachelor's degree, in a health care/behavioral science field is preferred
- At least one year of experience working within the mental health/behavior

