



Example of Health Fitness Specialist Job Description

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Our innovative and growing company is looking for a health fitness specialist. We appreciate you taking the time to review the list of qualifications and to apply for the position. If you don't fill all of the qualifications, you may still be considered depending on your level of experience.

Responsibilities for health fitness specialist

- Opens/closes facility and maintains safety and cleanliness of the fitness center
- Assists with wellness events and promotes fitness offerings at Waukegan fitness location
- Supervises the floor to build member relationships and monitors safety
- Conduct health assessments, WELLBEATS tutorials and provide education to clients
- Membership sales experience preferred
- Maintains safety and cleanliness of the facility
- Ability to teach low impact fitness classes
- Opens/closes the fitness center and maintains safety and cleanliness of the facility
- Customer service at front desk
- Enrolls new participants and conducts facility and equipment orientations

Qualifications for health fitness specialist

- Experience instructing group exercise classes group exercise industry recognized certification is preferred
- Bachelor's degree in Exercise Science, Health Promotion, Kinesiology or related field
- AED certification if preferred

- An industry recognized certification in Group Exercise Instruction, experience instructing group exercise classes, is strongly preferred
- A Personal Training certification from ACE, AFAA, ACSM, NASM or NSCA is preferred