



# Example of Group Exercise Instructor Job Description

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Our innovative and growing company is searching for experienced candidates for the position of group exercise instructor. Please review the list of responsibilities and qualifications. While this is our ideal list, we will consider candidates that do not necessarily have all of the qualifications, but have sufficient experience and talent.

## Responsibilities for group exercise instructor

- Up to date with industry standards and technique
- Minimum of 1 year experience teaching required
- Non-aquatic fitness instructors must be certified through ACE, AFAA, ACSM or have a Bachelor's degree in Exercise Science or related field upon hire
- Ensures that safety and injury prevention policies and procedures are adhered to by participants
- Teach cardio or aquatics classes during the morning hours
- Teach Les Mills BODYCOMBAT(TM) or choreographed Kick Boxing format group exercise classes
- Teamwork attitude and assist your co-workers when needed
- Assist in day-to-day operations of the fitness center as needed and maintain Group Exercise room equipment is to be put away at the end of each class
- Be required to obtain CPR/First Aid/AED training through American Red Cross within 1 month of employment
- Teach Zumba group exercise class during after work hours

## Qualifications for group exercise instructor

- High School education or equivalent with 1 year experience of fitness class instruction
- Must display ability to motivate members in Fitness classes

- WSI or equivalent water rescue preferred or obtained in first year
- Occasionally, the group exercise classroom furnishings may require rearranging to provide adequate space for instruction