



Example of Fitness Specialist Job Description

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Our company is growing rapidly and is searching for experienced candidates for the position of fitness specialist. We appreciate you taking the time to review the list of qualifications and to apply for the position. If you don't fill all of the qualifications, you may still be considered depending on your level of experience.

Responsibilities for fitness specialist

- Collaborate with Assistant Director, Fitness to provide inclusive programs and services to underrepresented populations
- Oversee operations, inspection, risk management, cleaning, and preventative maintenance of the Student Recreation Center Mat Room, Personal Training Assessment Rooms, Massage Therapy Suite, and Moby Aerobics Studio
- Formulate/implement facility operations policies and processes to ensure the safety of patrons utilizing those areas
- Responsible for procuring equipment and supplies, inventory management and inspection of area-specific items in those spaces critical to the delivery of programs in those spaces
- Collaborate with Facility Scheduling/Event Management Coordinator for facility reservations, groups, camps, and special events
- Manage Personal Training, Dance/Martial Arts, and Massage Therapy Program equipment/supplies inventory for sustainable re-supply to meet user needs
- Identify and resolve safety/risk management concerns in Personal Training, Dance/Martial Arts, and Massage Therapy Program areas
- Research fitness, personal training, dance & martial arts, and massage therapy products and consult with vendors to compare quality and pricing, make selection decisions, and work with CSU Purchasing to acquire products and equipment for program operations/delivery
- Submit facility requests to Facility Scheduling/Event Management

Massage Therapy Program offerings within established timelines, policies, and procedures

- Submit marketing requests to Communications Manager within established timelines, policies, and procedures

Qualifications for fitness specialist

- Able to demonstrate completion of basic CPR and/or 1st Aid training (preferred but not required)
- Supports communication and promotion of wellness programs
- Experience working in a fitness facility is preferred
- Health and fitness certification(s) a plus
- Bachelor's degree in exercise science or related field of study preferred
- At least 3 years' experience (with degree) or 5 years' experience (with Cert IV) as a personal trainer including experience in designing and implementing personal fitness regimens