



Example of Fitness Specialist Job Description

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Our growing company is hiring for a fitness specialist. To join our growing team, please review the list of responsibilities and qualifications.

Responsibilities for fitness specialist

- Completing administration tasks
- Creating and administering educational presentations and campus outreach
- Monitoring special events & programs
- Must be able to give tours of the fitness center
- Must possess the ability to work independently and with initiative
- Must be able to assist the Fitness Center and Fitness Manager with special projects
- Must be able to sit, stand, stoop kneel, push, shove, lift, carry and move objects that can weigh up to 45 pounds
- Must remain positive under stressful conditions and hectic work conditions
- Must be able to evaluate the needs of new and existing clients
- Must be able to create exercise programs

Qualifications for fitness specialist

- Personal Training industry certification from ACE, ACSM, AFAA, NSCA, or NASM is preferred
- 1-2 years of experience in the fitness industry preferred
- NCCA-accredited certification (ACE, ACSM, NASM, IFTA, NESTA, etc) is a plus
- Group Fitness experience is a plus (yoga, zumba, kickboxing, spinning)
- Current CPR/AED certifications preferred but required within 30 days of employment
- Experience instructing group exercise classes (step, hi/lo, spin, kickboxing,

