

Our innovative and growing company is hiring for an exercise specialist. To join our growing team, please review the list of responsibilities and qualifications.

## Responsibilities for exercise specialist

- Orient student interns, new staff and other personnel to the goals and objectives of FSP
- Educate interns, new staff and other personnel regarding goals and objectives for strength and conditioning of sport performance, industrial, tactical, human performance, fitness and medical fitness clientele
- Keeps current knowledge base regarding developments or trends in fitness and sports performance, and training equipment and modalities in order to maintain/enhance expertise
- Actively participate in SLFSP in-services
- Participate in conferences/symposiums as able
- Independently reads journals and other educational materials related to the position
- Actively participate in departmental and/or procedural development
- Demonstrate knowledge and ability to care for sport, industrial, tactical, human performance, fitness and medical fitness clientele using a developmental perspective
- Possess the knowledge and skills to explain all modes of exercise used within the Cardiac/Pulmonary rehab programs and be able to assist patients with each modality (treadmill, nustep, upper body ergometer, recumbent bike and stationary bike)
- Monitor patients while exercising including HR, B/P, O2 saturation and telemetry

## Qualifications for exercise specialist

- May be required to travel by military or commercial air to conferences, meetings, or other functions away from the normal duty station
- Eight (8) or more years of experience working in the field of emergency management at the local, state, or Federal level
- Eight (8) or more years working on the design and delivery of emergency management or resiliency related exercises, or comparable initiatives related to disaster preparedness
- Experience leading complex incident management projects with multiple internal stakeholders, including representing your organization with external parties
- Bachelor' degree in technical discipline or equivalent combination of experience and training
- Eight (8) years working in the field of emergency management response, planning, training, and/or exercise design