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# Example of Yoga Instructor Job Description

Our innovative and growing company is hiring for a yoga instructor. To join our growing team, please review the list of responsibilities and qualifications.

## Responsibilities for yoga instructor

* Provide a safe and trusting therapeutic environment for patients
* Discuss and plan therapeutic yoga interventions, leisure education, leisure skill building in regular meetings with the social work team
* Evaluate how the patients respond to planned intervention
* Regularly communicate individual patient progress assessment results to the Program Director
* Work closely with the RN’s and Care Specialists to coordinate appropriate activities for weekends, holidays
* Accept guidance, direction, and supervision from the Program Director
* Accurately record yoga interventions and patient progress in medical record as dictated by Provo Canyon Behavioral Hospital’s charting policy
* Teach Yoga class during the after-work hours
* Provides group exercise instruction in the format of Yoga
* Instructor performs set up & breakdown of the designated exercise space, including providing any music and equipment as applicable

## Qualifications for yoga instructor

* Technical education in physiotherapy is preferred or a registered massage, Yoga or holistic therapist
* Minimum one year’s experience as Yoga Instructor in a 5 star hotel/resort/spa
* English with ability to communicate clearly abilities to communicate in other languages
* NASM, ACE, ISSA, ACSM or AFPA
* 100 training hours strongly preferred
* Ability to instruct, teach, and correct both students and staff in the movements required for a successful yoga class