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# Example of Strength Conditioning Coach Job Description

Our company is searching for experienced candidates for the position of strength conditioning coach. If you are looking for an exciting place to work, please take a look at the list of qualifications below.

## Responsibilities for strength conditioning coach

* Design, organize and implement year-round Strength & Conditioning Programs for sports assigned to them by the Director of Sports Performance/Basketball Head Strength and Conditioning Coach
* Assist Director of Sports Performance/Basketball Head Strength and Conditioning Coach with the scheduling of all team and individual strength & conditioning training sessions in cooperation with head coaches
* Assist with the development of strength and conditioning programs in conjunction with the Director of Strength and Conditioning for the men's and women's track and field/ cross country programs
* Deliver programs in organized manner using industry’s best practices
* Adapt to flexible work schedule including the ability to work university and government holidays
* Coordinates the staffing and general maintenance of the Sports Performance Center/Strength Facilities and schedules team training sessions
* Collaborate in weekly meetings with Supervisor to develop outcomes and expectations necessary for a robust strength & conditioning program
* In conjunction with certified athletic training staff, develops and implement policies affecting the strength and conditioning program
* Provides specific feedback to the student athletes of their performance in relation to the department’s standards
* Updates and organize the Strength and Conditioning budget

## Qualifications for strength conditioning coach

* Has worked with both male and female athletes
* Collaborate with the Athletic Training staff concerning injury prevention, rehabilitation, movement prep, screenings and assessments, reconditioning, and recovery methods
* Master's degree from an accredited institution in Exercise Science, Kinesiology, Physical Education, Education with an emphasis on Physical Education, Physiology of Exercise
* Minimum of 3 years of teaching experience at the college/junior college level
* Master’s degree in exercise science or related field
* Minimum of three years of strength and conditioning coaching experience