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# Example of Pilates Instructor Job Description

Our company is growing rapidly and is hiring for a pilates instructor. Thank you in advance for taking a look at the list of responsibilities and qualifications. We look forward to reviewing your resume.

## Responsibilities for pilates instructor

* Responsible for leading group fitness classes such as mat Pilates
* Attend all special events, meetings, and trainings as requested and required by the Swim & Fitness Center Manager and/or Lead Personal Trainer
* Develops safe, professional, and comprehensive client programs that drive client goal achievement and retention
* Ensures all members feel competent, confident, and connected by providing superior customer service through complimentary and based services/programming
* Documents all aspects of client programming
* Remains current on credentials and continuing education to advance throughout the levels program
* Assess and appropriately design individualized and group Pilates based exercise programs for client and patient population in a medical setting
* Provide timely and accurate documentation of services
* Provide support & education to patients, families and other staff regarding Pilates Method of Exercise and procedures
* Monitors and instructs clients during personal training sessions on the safe and effective use of cardiovascular, flexibility and strength training equipment

## Qualifications for pilates instructor

* Peak Pilates System, Power Pilates, Stott Pilates, or Physical Mind Institute certification preferred
* Must possess good teaching and communication skills
* Ability to instruct, teach, and correct both students and staff in the movements required for a successful Pilates class
* Have a working knowledge of anatomy and physiology as it pertains to Pilates classes and the exercises prescribed those classes
* Demonstrated commitment to continued learning/professional development (i.e., attend conferences, clinics, workshops, keep Pilates certification up to date.)
* To have a good understanding of the classes being taught and how it is beneficial to our guests