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# Example of Personal Trainer Job Description

Our company is growing rapidly and is looking for a personal trainer. If you are looking for an exciting place to work, please take a look at the list of qualifications below.

## Responsibilities for personal trainer

* Fulfills member service requirements such as fitness assessments and equipment operations, service desk duties and fitness equipment cleaning
* We offer Group Fitness classes at this location
* Motivates guests to adhere to a fitness program and achieve goals
* Evaluates the guest’s physical fitness level
* Develops a fitness program for the guest
* Monitors the progress for the guest's fitness program
* Assists members in the Fitness Center with use of equipment
* Prepares the fitness department equipment and supplies daily
* Maintains appropriate standards of conduct, dress, hygiene, uniform, appearance and posture, all personnel involved in the Fitness Center operation or under his/her supervision
* Discuss, motivate, and teach the guests and members how to improve their fitness, strength or physique

## Qualifications for personal trainer

* Physical effort required for daily duties include lifting heavy weights, squatting, bending, reaching, spotting & prolonged standing and walking
* Manage client files, schedules, reminders and document exercise progress in Club Ready software
* Personal Training Certification from a national organization such as ACSM, NSCA, ACE, NASM, or any other NCCA Accredited Personal Trainer Certification Program
* The individual hired will have the ability to start working hours as a Front Desk Attendant to network until they build a good clientele
* Individual must possess a nationally recognized certification, ACSM, NASM, NSCA or ACE preferred
* Applicant must be self-motivating, engaging and with a passion for helping people achieve their wellness goals