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# Example of Kitchen Helper Job Description

Our innovative and growing company is looking for a kitchen helper. Please review the list of responsibilities and qualifications. While this is our ideal list, we will consider candidates that do not necessarily have all of the qualifications, but have sufficient experience and talent.

## Responsibilities for kitchen helper

* Clean, sweep and mop dining/serving areas and floors
* Clean including floor care (sweeping and mopping), dishwashing, manual pot washing, cleaning of kitchen equipment, removal and disposal of trash and other duties as assigned
* Responsible for housekeeping duties such as maintaining the cleanliness of residents’ rooms and common areas
* Assist with food preparation, set up and cleanup of chairs & tables, serving meals, delivering trays to residents, dishwashing and maintaining cleanliness of the kitchen
* Perform duties according to health & safety guidelines, report all injuries and hazards to the supervisor immediately and other reasonable requests from management
* Preparing & serving breakfast & lunch
* Assist in the preparation and cooking of various food items
* Help measure and mix ingredients according to recipes using a variety of kitchen utensils and equipment
* Carve meat, portion food on serving plates, and add gravies, sauces and garnishes to fill orders as directed
* Must be courteous to patients, visitors, physicians, volunteers, and other employees of the organization

## Qualifications for kitchen helper

* As per contract requirements, must be NANA Shareholder living in NANA Region
* Ability to understand written and verbal instructions in English
* Experience in a healthcare facility a plus
* Must be be able to stand on your feet for long periods of time, bend and lift up to 35-40 pounds
* Must be able to read, write, understand English
* Must be able to work 8-12 hour shifts for extended periods of time