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# Example of Health Fitness Professional Job Description

Our innovative and growing company is searching for experienced candidates for the position of health fitness professional. We appreciate you taking the time to review the list of qualifications and to apply for the position. If you don’t fill all of the qualifications, you may still be considered depending on your level of experience.

## Responsibilities for health fitness professional

* Assist with training and supervision of student interns
* Support/oversee day-to-day operations of the Fitness Facility from administrative/front desk duties to working knowledge and compliance to site specific emergency response plans
* Assists with the implementation of all fitness center management activities like teaching fun, safe and motivating group exercise classes as outlined in contract, floor coverage/front desk coverage, fitness testing, orientations, exercise prescriptions
* Lead movement and stretch breaks and Group Exercise classes
* Performs laundry and cleaning duties at the facility
* Creates and maintains the exercise/fitness bulletin board
* Maintains membership files and database secure
* Performs daily cleaning of equipment and other facility maintenance responsibilities
* Assists with projects and other duties as assigned
* Leads a variety of health education seminars

## Qualifications for health fitness professional

* Personal Training certification from ACE, AFAA, ACSM, NSCA or NASM preferred, but required within first 3 months of employment
* A certification in Functional Movement Screen (FMS) is preferred, but will be required within the first three months in this role
* A minimum of one year of related industry experience is strongly preferred
* Industry recognized Group Exercise certification from ACE, AFAA or ACSM is strongly preferred
* Industry recognized Group Exercise certification is preferred, but will be required within 3 months of hire
* Ability to instruct a variety of group exercise formats is strongly preferred