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# Example of Health Fitness Professional Job Description

Our company is looking for a health fitness professional. To join our growing team, please review the list of responsibilities and qualifications.

## Responsibilities for health fitness professional

* Assist manager with equipment management including repairs, preventative maintenance plans and contracts, equipment layout, purchasing, vendor relations
* Conducts fitness assessments, one-on-one exercise programming (personal training) and provides education to clients
* Interview and hire group exercise instructors
* Interview and hire interns and provide ongoing support while the intern is onsite
* Instructs 30-minute Group Fitness classes
* Provides one on one personal training to people of varying fitness levels
* Closes facility and maintains safety and cleanliness of the facility to ensure it is ready for the following day
* Instructs a variety of group exercise classes and motivate participants
* Interview and hire group exercise instructors and interns, providing ongoing support while they are onsite
* Provide front desk coverage and other duties as needed/assigned

## Qualifications for health fitness professional

* Personal Training certification from ACE, AFAA, ACSM, NSCA, NASM is strongly preferred, but will be required within the first 60 days in this role
* Bachelor’s Degree in a health/fitness related field
* A solid knowledge base of nutrition, exercise, weight management, tobacco cessation, and disease management is also a plus
* Creative and motivated individual, with strong attention to detail, who will take initiative and be willing to present ideas to the manager and the team
* Personal Training certification (from ACE, AFAA, ACSM, NSCA, or NASM) is strongly preferred, but will be required within the first six months in this role
* Spinning or Cycling certification is a plus