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# Example of Health Fitness Assistant Job Description

Our innovative and growing company is looking to fill the role of health fitness assistant. Please review the list of responsibilities and qualifications. While this is our ideal list, we will consider candidates that do not necessarily have all of the qualifications, but have sufficient experience and talent.

## Responsibilities for health fitness assistant

* Process registrations and payments at the front desk
* Follow specific schedules and procedures for cleaning and disinfecting exercise equipment, bathrooms, floors, walls, windows, and all surfaces
* Attend department training and meetings
* Support the marketing efforts for H&FC programs
* Check-out and check-in rental equipment according to established procedures
* Encourage participants to follow posted rules and etiquette guidelines
* Complete electronic and paper forms, documentation, and reports
* Interacts with participants and supervises equipment and participant safety
* Assists in crafting and maintaining bulletin boards, newsletters and other marketing & communication materials
* Must possess excellent leadership and management skills to create a positive, fun, and successful environment for staff and clients

## Qualifications for health fitness assistant

* Bachelor's Degree in Exercise Science, Health Promotion, Kinesiology or a related discipline ORHealthFitness recognized industry certifications in Group Exercise and/or Personal Training and 2+ years of related industry experience is required
* Current First Aid and CPR/AED certifications from Red Cross or St
* Associate/Bachelor degree in Exercise Science, Health Promotion, Kinesiology or related discipline ORaHealthFitness recognized certification in Group Exercise and/or Personal Training ( from ACE, AFAA, NSCA, NASM or ACSM) and 2+ years related industry experience required
* Bachelor's Degree in Exercise Science, Health Promotion, Kinesiology or related discipline ORHealthFitness recognized industry certifications in Group Exercise and/or Personal Training (ACE, AFAA, NSCA, NASM, ACSM) and up to 1 year of related industry experience required
* Bachelor's Degree in Exercise Science, Health Promotion, Kinesiology or related discipline ORHealthFitness recognized industry certifications in Group Exercise and/or Personal Training (ACE, AFAA, NSCA, NASM, or ACSM) and 2+ years of related industry experience required
* Associate/Bachelor Degree in Exercise Science, Health Promotion, Kinesiology or related discipline ORHealthFitness recognized industry certifications in Group Exercise and/or Personal Training from ACE, AFAA, NSCA, NASM or ACSM and 2+ years related industry experience required