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# Example of Health Fitness Assistant Job Description

Our innovative and growing company is looking to fill the role of health fitness assistant. Thank you in advance for taking a look at the list of responsibilities and qualifications. We look forward to reviewing your resume.

## Responsibilities for health fitness assistant

* Manage the kiosk and be available for questions about programs, general questions, and how to use equipment
* Projects and other duties as needed/assigned
* Oversees the front desk and interacts with participants and monitors equipment and participant safety
* Participates in conducting facility, program and equipment orientations
* Provides individual and group exercise instruction if certified in a recognized industry certification
* Assist the full-time staff with membership drives to acquire new participants and on-site wellness programs when needed
* Assist the full-time staff with adding new members into HealthCalc
* Develop safe and effective group exercise classes
* Participate to a wide variety of fitness operations including laundry
* Provides tours and orientations front desk coverage

## Qualifications for health fitness assistant

* Associate's or Bachelor's degree in Exercise Science, Health Promotion, Kinesiology or related discipline ORHealthFitness recognized certifications in Group Exercise and/or Personal Training (ACE, AFAA, NSCA, NASM or ACSM) and 2+ years related industry experience required
* Associate/Bachelor Degree in Exercise Science, Health Promotion, Kinesiology or related discipline ORHealthFitness recognized certifications in Group Exercise and/or Personal Training (ACE, AFAA, NSCA, NASM or ACSM) and 2+ years related industry experience required
* Associate/Bachelor Degree in Exercise Science, Health Promotion, Kinesiology or related discipline ORHealthFitness recognized industry certifications in Group Exercise and/or Personal Training (ACE, AFAA, NSCA, NASM, ACSM) is required
* Current certification in Personal Training (ACE, AFAA, ACSM, NASM, or NSCA) and/or an industry recognized certification in group exercise instruction and 2+ years of related industry experience is required if no degree has been obtained
* Associate Degree in Exercise Science, Health Promotion, Kinesiology or related discipline ORHealthFitness recognized industry certifications in Group Exercise and/or Personal Training (ACE, AFAA, NSCA, NASM, ACSM) and 2+ years related industry experience required
* Associate/Bachelor Degree in Exercise Science, Health Promotion, Kinesiology or related discipline ORHealthFitness recognized industry certifications in Group Exercise and/or Personal Training (ACE, AFAA, NSCA, NASM, ACSM) an to year related industry experience required