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# Example of Group Exercise Instructor Job Description

Our growing company is looking to fill the role of group exercise instructor. If you are looking for an exciting place to work, please take a look at the list of qualifications below.

## Responsibilities for group exercise instructor

* Stay updated on current issues regarding group fitness/wellness programs
* Promote, monitor, evaluate, and ensure that group exercise classes run smoothly with a high level of service to participants
* Maintain branch and association certifications in CPR/AED and any other required certifications and/or training required by the Metro Atlanta YMCA
* Maintain all wellness certifications by meeting continuing education requirements
* Attend all required staff meetings and trainings
* Secure his/her own music and select music that is suitable for a family setting
* Participate in and partner with wellness cabinet activities
* Stay updated on current issues regarding water group fitness/wellness programs
* Maintain all water group exercise certifications by meeting continuing education requirements outlined by YMCA/AEA
* Checking ID’s

## Qualifications for group exercise instructor

* Aerobics instructor certification required to instruct scheduled classes
* Must be able to frequently move, lift or carry materials weighing up to 30 lbs., 20% of the time
* Must teach and assist participants 18 years and up of varied fitness levels
* Required to hold a nationally accredited certification for general group exercise or in specific area of training
* Teaching experience preferred but can help to train in specific exercise formats
* Proficient in teaching aquatic group exercise formats