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# Example of Fitness Coach Job Description

Our innovative and growing company is looking to fill the role of fitness coach. We appreciate you taking the time to review the list of qualifications and to apply for the position. If you don’t fill all of the qualifications, you may still be considered depending on your level of experience.

## Responsibilities for fitness coach

* Attend 2 Studio events per month
* Energize and motivate members throughout the sessions
* Attract and retain OTF members
* Provide options and challenges for specific exercises to accommodate various skill levels
* Meet or exceed performance metrics
* Flexible to work day, evening, holidays and/or weekend hours as needed
* Modify specific exercises to accommodate various skill levels and needs
* Be able to multi-task and stay organized
* Have positive, motivating and effective interpersonal communication skills
* Have the desire and capacity to train all fitness levels

## Qualifications for fitness coach

* NSCA CPT (Certified Personal Trainer) and CSCS (Certified Strength and Conditioning Specialist)
* ACSM CPT (Certified Personal Trainer), GEI (Group Exercise Instructor) and CEP (Certified Exercise Physiologist)
* Ability to multi-task and stay organized while training up to 36 clients in one group training session
* Desire and capacity to train all fitness levels—novice to elite
* Must be flexible and willing to work weekends when needed and as requested by your Studio Manager and/or Head Trainer
* Must hold current fitness certification from an OTF approved education company such as ACSM, ACE, NASM, NSCA, AFFA, NFPT, NPTI