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# Example of Fitness Coach Job Description

Our innovative and growing company is hiring for a fitness coach. We appreciate you taking the time to review the list of qualifications and to apply for the position. If you don’t fill all of the qualifications, you may still be considered depending on your level of experience.

## Responsibilities for fitness coach

* Wash and return studio cleaning towels as needed per studio schedule
* Contact all first session participants aka intros via email within 24 hours of first session
* Coaching the OTF workout as it is written
* Educating, motivating and challenging members
* Correcting exercise form to prevent injuries
* Attending monthly/mandatory meetings
* Working closely with the Sales staff to ensure best member experience
* Deliver predesigned workouts to groups up to 36 - 45 clients
* Designate 8-20 hours a week to the studio(s)
* Collaborate with OTF team in helping build the membership base and studio culture

## Qualifications for fitness coach

* 2 + years personal training and group instruction experience is required
* Certified Instructor (ACE, AFAA) or equivalent
* Must be able to safely lift and move up to 40lbs
* ACE PT (Personal Trainer) and GFI (Group Fitness Instructor)
* NASM CPT (Certified Personal Trainer)
* AFAA GFI (Group Fitness Instructor)