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# Example of Exercise Job Description

Our growing company is looking for an exercise. If you are looking for an exciting place to work, please take a look at the list of qualifications below.

## Responsibilities for exercise

* Adheres to all departmental procedures and policies
* Develop and conduct the fitness testing services available, including EKG treadmill tests, oxygen uptakes, body composition analysis, and muscle strength, flexibility and endurance assessments
* Prepare patients and perform resting EKGs, holter monitors, and other cardiovascular diagnostic and monitoring procedures
* Prescribe specific programs of exercise to patients and counsel them on how to achieve their fitness goals
* Assist in the development and implementation of special exercise programs for individuals with health problems
* Assist in the organization and implementation of wellness screenings offered to area businesses and organizations
* Serve as a consultant and speaker on the importance of and effects of exercise and other health promotion topics
* Assist in the establishment of data collection and evaluation procedures for fitness-related programs
* Contribute to the advancement and promotion of services through participation in professional associations, writing articles for publications and representing the Medical Center in community activities
* Monitor patients’ vital signs and be prepared to perform CPR or other necessary emergency first aid procedures, while seeking appropriate medical assistance

## Qualifications for exercise

* Compassion and patience in interacting with adults regarding sensitive subject matter such as cancer, mortality, fatigue, and other side-effects of cancer and cancer treatments
* An ability to represent the University, Department and Center, internally and externally, in a professional and positive manner
* BLS & ACLS through the American Heart Association required within six months of hire
* Bachelor of Science degree in exercise science or related field
* Exercise prescriptions, program planning and development
* Current AHA Health Care Provider BLS certificate