Downloaded from <https://www.velvetjobs.com/job-descriptions/exercise-specialist>

# Example of Exercise Specialist Job Description

Our company is looking to fill the role of exercise specialist. We appreciate you taking the time to review the list of qualifications and to apply for the position. If you don’t fill all of the qualifications, you may still be considered depending on your level of experience.

## Responsibilities for exercise specialist

* Deliver quality care for cardiac rehabilitation phase 2 and phase 3 clients
* Support the Heart and Vascular Institute primary and secondary prevention programs, educational classes, and other existing health education services
* Provides education/support of lifestyle modifications
* Travel to Proactive Care Clinics and perform in person training with staff
* Organize and prioritize training needs for PT staff involved with clinical operations
* Establish coaching metrics to track performance
* Measure and evaluate need for in person training/check-ins at clinic locations
* Work alongside the National Exercise Program Manager to construct the education syllabus and refine the education process
* Manage and coach team of Lead PT Ambassadors
* Responsible for providing weekly support and education to all existing PT ambassadors

## Qualifications for exercise specialist

* Master Exercise Practitioner Program (MEPP) graduate, from the Federal Emergency Management Agency
* Certified Emergency Manager (CEM), accredited through the International Association of Emergency Management (IAEM), or other emergency /crisis management qualification
* Support the development of exercise program materials and job aids following the Homeland Security Exercise and Evaluation Program (HSEEP)
* Experience with the HSEEP design, development, and execution process
* Knowledge of the National Response Framework (NRF)
* Ability to show SOFA status