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# Example of Exercise Physiologist Job Description

Our innovative and growing company is hiring for an exercise physiologist. If you are looking for an exciting place to work, please take a look at the list of qualifications below.

## Responsibilities for exercise physiologist

* Masters or Bachelor’s Degree in the area of Exercise Physiology with emphasis on exercise testing, exercise prescription, and exercise leadership for both healthy and special populations
* Sets up and adjusts all equipment to complete exams
* Develops inpatient discharge plan and/or outpatient discharge plan with transition to either Phase III CPR or home/community fitness program
* Orienting patients to exercise equipment and general guidelines of the program
* Assessing and evaluating patients functional status
* Develop individualized exercise programs
* Provide current education on exercise, resistance training, risk factors, and lifestyle changes
* Obtain blood proessure
* Sets-up equipment and prepares, coaches and monitors patients during exercise stress testing
* Documents and provides feedback on patient progress

## Qualifications for exercise physiologist

* Certification as an ACSM Exercise Specialist or Registered Clinical Exercise Physiologist Certification preferred
* BLS upon hire, ACLS within 6 months of hire
* ACSM certification preferred
* Must be able to stand/walk for long periods of time and ability to help patients stand and walk
* Will require some lifting, bending, twisting of upper extremity to help limited patients
* Must be able to adapt to different room temperatures in exercise