

# Pilates Instructor Cover Letter

12911 Thad LightLake Emilburgh, GA 64490

**Dear Spencer DuBuque,**

Please consider me for the pilates instructor opportunity. I am including my resume that lists my qualifications and experience.

Previously, I was responsible for supervision and education to participants requesting personal or group training.

My experience is an excellent fit for the list of requirements in this job:

- Knowledge of and skilled in the use of classic and contemporary Pilates training principles
- Knowledge of all workout and Pilates equipment within the PRO Club facility
- Knowledge of flexibility, range of motion techniques
- Knowledge of core strength, spinal health and proper muscle function
- Eager to continue education and advance as an instructor and learn from other instructors
- Skill in teaching and programming Pilates for various clients
- Skill in organizing files
- Skill in time management and scheduling

**I really appreciate you taking the time to review my application for the position of pilates instructor.**

Sincerely,

Azariah Yundt