Mental Health Therapist Cover Letter

14669 O'Keefe GrovesStoltenbergland, CA 23202-4186 **Dear Tatum Botsford,**

I am excited to be applying for the position of mental health therapist. Please accept this letter and the attached resume as my interest in this position.

In my previous role, I was responsible for individual counseling for common psychological issues such as: anxiety/depression, eating disorders, substance abuse, grief, sexual trauma, and personality disorders.

Please consider my qualifications and experience:

- Training in Dialectical Behavior Therapy (DBT)
- Experience in a clinical practice environment providing mental health assessments, care planning, and counseling preferred
- Possess a Washington state license as LMHC, LICSW, or LMFT by start date
- Completion of a graduate program accredited by CACREP, CSWE or COAMFTE
- Completion of hours accrual for independent licensure
- Evidence of outstanding skills in clinical assessment, psychotherapy and counseling, crisis management, and psychoeducation
- Experience and interest in conducting outreach and preventive programming for students
- Interest in engaging in the typical tasks of a university counseling center, including short-term counseling, group counseling, crisis work, outreach, consultation with campus and supervision of trainees

Thank you in advance for taking the time to read my cover letter and to review my resume.

Sincerely,

Oakley Bradtke